## PC4-4-INV

## Spin-orbit coupling and its influence on superconductivity in iron-based superconductors

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In this talk, I will present our inelastic neutron scattering efforts to determine low-energy spin excitations in a variety of iron-based superconductors, in which spin-orbit coupling leads to anisotropic response in spin space. To prepare the scientific context I will first introduce our earlier works on BaFe<sub>2</sub>As<sub>2</sub> and FeSe<sub>1-x</sub>S<sub>x</sub>, where regardless of whether long-range magnetic order is present, we show that the magnetic excitations at low temperatures are preferentially polarized along the *c*-axis [1,2]. In our most recent work on the tetragonal and *c*-axis oriented magnetic phase of Sr<sub>1-x</sub>Na<sub>x</sub>Fe<sub>2</sub>As<sub>2</sub>, we find the first spectroscopic evidence that the itinerant charge carriers actually "prefer" to be assisted by *c*-axis polarized magnetic excitations in their formation of superconducting Cooper pairs [3], namely, only the weak *c*-axis response exhibits a spin resonant mode in the superconducting state. Our results naturally explains why the superconductivity competes strongly with the tetragonal magnetic phase in Sr<sub>1-x</sub>Na<sub>x</sub>Fe<sub>2</sub>As<sub>2</sub>, and provide a fresh view on how to make a good superconductor out of a magnetic "Hund's metal".

References

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Keywords: iron-based superconductors, neutron scattering, spin anisotropy, strongly correlated electron systems